



CITY OF LOS ANGELES - DEPARTMENT OF RECREATION AND PARKS
 SYLMAR RECREATION CENTER
 13109 BORDEN AVENUE, SYLMAR, CA 91342
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CO-REC VOLLEYBALL

SPRING 2024

***NO CREDIT OR
 REFUND UNLESS
 PROGRAM IS
 CANCELLED***

**AGES
 9-15**

***CARPOOL,
 COUSINS AND ANY
 REQUEST, OTHER
 THAN SIBLING,
 WILL NOT BE
 ACCOMMODATED***



**REGISTRATION
 BEGINS
 FEBRUARY 3,
 2024**



PLAYLA YOUTH AND ADAPTIVE YOUTH SPORTS PROGRAM IS MADE POSSIBLE BY THE LA28 OLYMPIC AND PARALYMPIC GAMES PROVIDING YOUTH AN OPPORTUNITY TO PARTICIPATE FOR \$10. WAIVERS AVAILABLE, ASK FOR DETAILS.

AGE / DIVISION FOR SPRING VOLLEYBALL IS DETERMINED AS OF JANUARY 1, 2024.

DIVISION DIVISIÓN	YEAR BORN AÑO DE NACIMIENTO	EVALUTION DATE DÍA DE EVALUACIÓN	TIME TIEMPO	FEE PAGO
MINOR	2013-2014	MARCH 4, 2024 MARZO 4, 2024	5:30 PM	\$10
MAJOR	2011-2012	MARCH 4, 2024 MARZO 4, 2024	6:30 PM	\$10
JUNIOR	2008-2010	MARCH 4, 2024 MARZO 4, 2024	7:30 PM	\$10

PERSONS WITH DISABILITIES ARE WELCOMED TO PARTICIPATE IN OUR CLASSES AND PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS. PLEASE BE AWARE THAT SOME ACCOMMODATIONS MAY TAKE 30 DAYS OR LONGER. PLEASE SUBMIT YOUR REQUEST FOR AN ACCOMMODATION AS SOON AS POSSIBLE.

Spring Volleyball Information



SPORTS PROGRAM GOALS

- BUILDING CHARACTER THROUGH SPORTS
- PROVIDE ALL PARTICIPANTS WITH A POSITIVE EXPERIENCE
- PROMOTE GOOD SPORTSMANSHIP
- ENCOURAGE PARTICIPATION
- FOCUS ON SKILL DEVELOPMENT
- TEACH THE RULES RELATING TO THE SPORT
- HAVE FUN!

REGISTRATION FEE & PAYMENT

- REGISTRATION FEE INCLUDES: JERSEY, SHORTS, AWARD, AND ADMINISTRATIVE COSTS. PAYMENT MUST BE PAID IN FULL AT THE TIME OF REGISTRATION. REGISTRATION FORMS MUST BE COMPLETED.
- METHOD OF PAYMENTS ACCEPTED: CREDIT CARDS (VISA OR MASTERCARD).
- *INDIVIDUAL AND TEAM PICTURES ARE NOT INCLUDED IN THE REGISTRATION FEE.
- ONLY SIBLINGS AND CHILDREN OF THE COACHES WILL BE PLACED ON THE SAME TEAM.
- CARPOOL OR COUSIN REQUESTS WILL NOT BE ACCOMMODATED.
- ONLINE REGISTRATION CAN BE COMPLETED BY VISITING:
[HTTPS://REG.LAPARKS.ORG/WEB/WBWSC/WEBTRAC.WSC/SPLASH.HTML](https://reg.laparks.org/web/wbWSC/webtrac.wsc/splash.html)

EVALUATIONS (FIRST DAY)

- ALL REGISTERED PARTICIPANTS MUST ATTEND THE EVALUATIONS.
- THE PURPOSE OF THE EVALUATIONS IS TO DETERMINE THE SKILL LEVEL OF EACH PLAYER AND TO BALANCE THE TEAMS THROUGHOUT THE LEAGUE.
- PARTICIPANTS ARE ENCOURAGED TO WEAR ATHLETIC ATTIRE AND TENNIS SHOES. EACH PARTICIPANT WILL PERFORM SEVERAL DRILLS.
- PLEASE SEE THE OTHER SIDE OF THIS PAGE FOR EVALUATION DATE AND TIME.

PRACTICES

- TEAMS WILL TENTATIVELY START PRACTICING THE WEEK OF MARCH 11 . EACH TEAM WILL PRACTICE AT LEAST ONCE OR TWICE A WEEK FOR AN HOUR. WEEKDAY PRACTICES WILL BE HELD BETWEEN 5:00PM AND 9:00PM. ON SATURDAYS, PRE-SEASON PRACTICES WILL TAKE PLACE BETWEEN 9:00AM AND 5:00PM.
- ONCE THE TEAMS ARE SELECTED, YOUR COACH WILL NOTIFY YOU REGARDING THE TIMES AND DAYS FOR PRACTICES.
- PRACTICES MAY BE MODIFIED AT ANY TIME FOR THE WELFARE OF THIS LEAGUE. PRACTICE TIMES AND DATES ARE NOT GUARANTEED DUE TO LIMITED GYM AVAILABILITY.

GAMES

- THE GAMES WILL TENTATIVELY START THE WEEK OF APRIL 6, 2024. EACH TEAM WILL PLAY AT LEAST EIGHT (8) GAMES. SOME DIVISIONS MAY BE REQUIRED TO TRAVEL AND PLAY WITH OTHER LOCAL PARKS . PARENTS ARE RESPONSIBLE FOR THE TRANSPORTATION OF THEIR CHILD.

REFUND POLICY

- FULL REFUNDS WILL BE ISSUED ONLY IF THE VOLLEYBALL LEAGUE IS CANCELLED BY THE RECREATION CENTER.
- REFUNDS WILL BE ISSUED AS CREDIT TOWARDS YOUR HOUSEHOLD REGISTRATION ACCOUNT.

CODE OF CONDUCT

- ALL PARTICIPANTS, COACHES AND SPECTATORS ARE EXPECTED TO DEMONSTRATE GOOD SPORTSMANSHIP AT ALL TIMES. MAKE SURE THE GAME IS FUN FOR EVERYONE INVOLVED. MEET THE RESPONSIBILITIES TO THE COACH AND THE TEAM. MAINTAIN AN ENVIRONMENT FREE OF DRUGS, TOBACCO, AND ALCOHOL. MAKE POSITIVE AND ENCOURAGING COMMENTS. KEEP EMOTIONS UNDER CONTROL. ADDRESS PROBLEMS, CONCERNS OR ANYTHING TO THE COACH BEFORE APPROACHING STAFF. TREAT THE PUBLIC, OFFICIALS AND STAFF WITH RESPECT. AVOID COACHING AND YELLING OUT INSTRUCTIONS FROM THE SIDELINES. THOSE EXHIBITING POOR SPORTSMANSHIP, OR UNETHICAL BEHAVIOR MAY BE ASKED TO LEAVE, SUSPENDED OR REMOVED FROM THE LEAGUE.

VOLUNTEER COACHES

- WE ARE LOOKING FOR VOLUNTEER COACHES. IF YOU ARE INTERESTED, AND OVER 18 YEARS OF AGE, PLEASE CONTACT THE OFFICE AT (818) 367-5656.
- ALL VOLUNTEER COACHES MUST BE FULLY VACCINATED, LIVE-SCANNED AND CLEARED BY THE DEPARTMENT OF RECREATION AND PARKS PRIOR TO COACHING ANY TEAM.